



## FREQUENTLY ASKED QUESTIONS

### **What is the miraDry® treatment?**

miraDry is a revolutionary FDA-cleared non-surgical treatment that permanently reduces underarm sweat, odor, and hair - in just one hour. Over 100,000 miraDry treatments have been performed worldwide.

### **Don't I need sweat glands?**

While your body does need sweat glands to cool itself, your body has 2-4 million sweat glands - only about 2% are found in your underarms. Eliminating this 2% of sweat glands does not affect your body's ability to cool itself. With miraDry, you will experience the many benefits of reducing sweat in the underarm area, but you will continue to sweat in other areas of your body.

### **How does it work?**

miraDry uses thermal energy to create heat in the area where bothersome sweat, odor, and hair glands reside and safely eliminates them.

### **What results can I expect?**

You can expect immediate and lasting results. Once the miraDry treatment eliminates the sweat, odor, and hair glands, they're gone for good. Clinical studies show an average of 82% sweat reduction. As with any aesthetic treatment results, patient results and experience may vary.

### **How many treatments will I need?**

You can see results in as little as one treatment. However, as with any aesthetic treatment, your physician will determine the best protocol for your desired results.

### **How long does it take?**

An office visit appointment will generally last about one hour.

### **Is there any pain or downtime?**

Most patients describe the procedure as painless with little to no downtime. Local anesthesia is administered to the underarms prior to the treatment for patient comfort. Most patients experience little to no downtime and return to regular activity (like returning to work) immediately. Exercise is typically resumed within several days. You may experience swelling, numbness, bruising and sensitivity in the underarm area for several days post-treatment.

### **Are there any side effects?**

Some localized soreness or swelling will occur, and typically clears within a few weeks. Some patients have short-term altered sensation in the skin of their underarms or upper arms, which gradually disappears.

### **How much does it cost?**

Pricing can vary depending on the treatment protocol to achieve your desired results and will be discussed during your consultation.